



## Message from the Headteacher

On Monday, a number of members of staff, including myself, had the pleasure of attending a presentation evening for the Southend Spring Respect Project 2024 at the Mayor's Parlour in Southend. The evening was a celebration of the achievements of young people who have taken part in the project run by the Essex Boys and Girls Clubs. Huge congratulations to Charlie, Sienna and Amy who all successfully took part in the project and it was such a pleasure to witness them receiving their rewards on Monday evening and to hear their respective speeches.

Year 10 parents/carers will be aware, from a message that has been sent to them today from Miss Stockman, that our Year 10 students have behaved impeccably during this week's mock examinations. On Monday all students will be sitting their Maths Calculator Paper 2 exam followed by students studying Business Studies sitting their Paper 1 or Design Technology exams respectively. On Tuesday, students studying Geography will sit their exam followed by Child Development or Construction exams for students who are studying either of these subjects. On Wednesday, all students will sit their Maths Paper 3 Calculator followed by History students sitting their Paper 1 Medicine. On Thursday, students studying French will sit their listening and reading exams followed by Media Studies students sitting their Paper 2 exam. Finally, on Friday, the last day of the Year 10 mock exams, students studying Hospitality will sit their exam and then History students will sit their Paper 2. Good luck to all Year 10s as they continue their mock examinations next week!

The final Year 11 GCSE examination of this summer took place on Thursday morning, Hospitality. A huge thank you to Ms Harrod, Exams Manager, Mrs Taylor, Assistant Exams Officer, and our team of invigilators for all their hard work and support of this year's GCSEs which is much appreciated.

On Thursday, our Year 10 Triple Science students visited Writtle College in Chelmsford. Students were able to gain a sense of what university is like and to also have an insight into how they can progress into further education. Students were also able to explore the career paths that may be available to them following A levels and a degree in Biology. Thank you to Miss Robins and Miss Merry who kindly supported the students on the trip.

On Thursday we hosted pupils from two of our local primary schools, Hinguar and Sacred Heart, for a 'Beyond the Baseline' primary schools tennis festival.

Thank you to all those students who kindly assisted with the event and who did such a wonderful job of showcasing themselves and our school in such a positive light. A huge thank you Miss Waite for all her hard work in kindly organising and supporting events such as these.

Some of our Year 9 students are visiting the Outdoor Activity Centre at West Mersea today. Students will have had the opportunity to work together enhancing their problem solving and team building skills whilst enjoying a variety of outdoor activities. Firstly, a huge thank you to Miss Atkinson for all her organisation of this trip and for kindly accompanying the students and secondly, thank you Mrs Hampton, Miss Merry, Mrs Hanks, Mr Maxfield, Mr Airoll and Mr Merritt for also kindly supporting the trip today. It is important to recognise that trips such as these cannot take place without the invaluable support from members of my amazing staff team!

Gentle reminder that we are hosting our termly Parent Forum next Thursday from 6.00 to 7.00 pm where you will have the opportunity to ask myself and the Senior Leadership Team any questions you may have and we will provide you with an update on our actions to date and what our plans are as we continue to strive for rapid improvement to 'Good'.

Mrs Airoll  
**Headteacher**

## Thank You for the Music

Tickets are now available to purchase on iPayimpact. To find the listing, go to:

- [School Sales](#)
- [Shop](#)
- [School Sales](#)



## Menu

### **SWAN'S RESTAURANT      WEEK 2**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Chicken Curry Served with Boiled Rice & Naan Bread	Homemade Steak Pie Served with Mashed Potato & Garden Peas	Chicken Fajita Served with Diced Potatoes & Coleslaw	Roast Pork Served with Roast Potatoes, Mixed Vegetables & Gravy	Chicken Burger or Battered Fish Served with Chips
<b>Vegetarian Meal</b>	Vegetarian Chilli Con Carne Served with Boiled Rice & Tortillas <small>(Vegan)</small>	Macaroni Cheese Served with Garlic Ciabatta <small>(Vegetarian)</small>	Vegetable Ciabatta Pizza Served with Diced Potatoes & Coleslaw <small>(Vegetarian)</small>	Meatless Sausages Served with Roast Potatoes Mixed Vegetables & Gravy <small>(Vegan)</small>	Vegetarian Sausage Roll Served With Chips <small>(Vegan)</small>
<b>Extra's</b>	<b>Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise Available Monday - Thursday</b> <b>Small Pasta &amp; Sauce Available Monday - Thursday</b>				

### Key Dates

27 June	Termly Parent Forum <b>6.00pm</b>
28 June	Year 7 Tower of London trip
2 July	Southchurch Culture Event
03 July	Year 8 Colchester Zoo trip
04 July	Year 8 'Take Your Child to Work' Day
04 July	Year 7 Colchester Zoo trip
05 July	Year 6 Transition Day
9 and 10 July	'Thank you for the Music' School Musical Performance
11 July	Year 10 Business Studies trip to Adventure Island
12 July	Southchurch Olympics
16 July	Alumni Reunion
17 July	Year 10 Geography trip to Walton-on-the-Naze
18 July	Year 10 Thorpe Park trip
19 July	Last day of term <b>Students finish at 1.00pm</b>

### Lost Property

New items for this week:

**PE Shorts Size 34**

**PE Top Size 30/32**

**Black puffer coat with fur trim**



If your child has misplaced any of these items, please send them to the main office as soon as possible.

## Borough Sports

We are proud to share the outstanding achievements of our athletes at the recent Borough Sports competition.

Over 60 of our athletes proudly represented Southchurch High, some athletes for the very first time, giving it their all over several track and field events.

Southchurch are also very proud of all athletes showcasing their support to one another and showing great sportsmanship throughout the day.

Among the highlights, there were some remarkable performances in the High Jump, Shot Put and our Year 8 girls and Year 8 boys relay team.

George L demonstrated remarkable skill and determination in the High Jump, where he achieved a jump of 1.55m placing George in 3<sup>rd</sup> place overall after a countback (All athletes went out at the 1.55m height) With this result, this puts George L in the top 15 in the East of England in the current England athletics Power10 database.

Additionally, Vaylo's impressive performance earned another bronze medal for Southchurch High. Vaylo achieved an 8.69m throw with a 5Kg shot only 3cm away from silver place.

Lastly, our Year 8 girls and Year 8 Boys reached the finals of the relays after qualifying in their heats.

Congratulations once again to all of the athletes who competed. Your hard work, determination and positive attitudes have made Southchurch High School very proud!





In today's ever-changing world, it's essential to provide our students with things that can help them grow, learn and thrive in different environments. For students with Special Needs and Disabilities (SEND), extra-curricular activities can be particularly beneficial. Extra-curricular activities offer unique avenues for development, ensuring children become well rounded individuals. Some of the benefits of attending extra-curricular activities are:

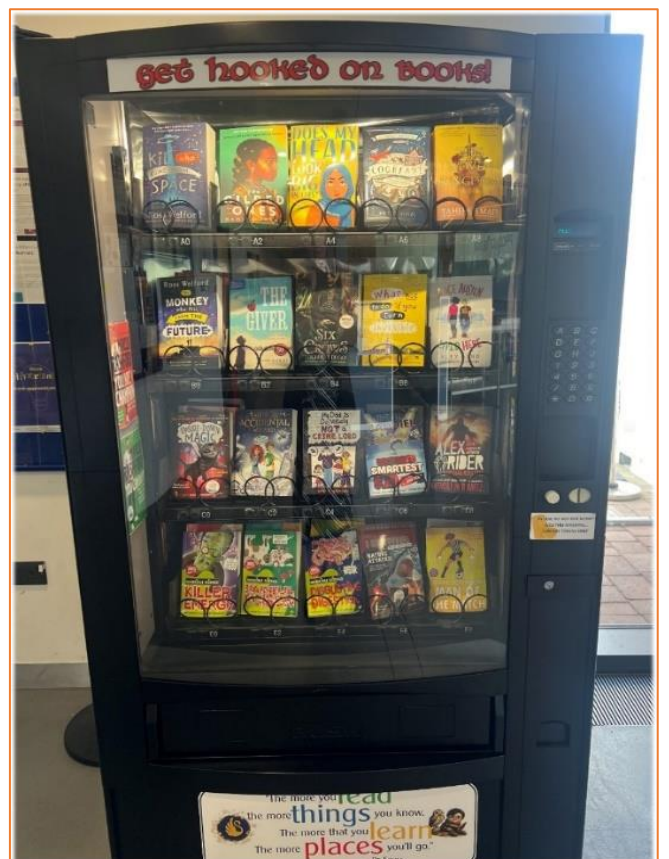
- Building Confidence and self-esteem
- Enhancing skills – this isn't just the skills learnt for that particular activity it can also be social skills, teamwork or learning to express themselves. It can also help students to discover things that they are good at that they otherwise might not have known
- Promote physical well-being
- Prepares for the future- clubs can open up new avenues to different interests and could help to discover future careers or hobbies
- Emotional Wellbeing

Extra-curricular activities play a vital role in developing our students, especially our students with SEND. By encouraging your child to participate in these activities can make a significant difference in their overall development and well-being.

## Come and get hooked on a book

Our Southchurch Vending machine has now been fully restocked with some great new titles so please come and take a look.

If you have class chart rewards to spend, here is your chance to purchase some fantastic new books!



### Ten keys to happier living

## GREAT DREAM

- |                   |                          |                   |                                 |
|-------------------|--------------------------|-------------------|---------------------------------|
| <b>GIVING</b>     | Do things for others     | <b>DIRECTION</b>  | Have goals to look forward to   |
| <b>RELATING</b>   | Connect with people      | <b>RESILIENCE</b> | Find ways to bounce back        |
| <b>EXERCISING</b> | Take care of your body   | <b>EMOTIONS</b>   | Look for what's good            |
| <b>AWARENESS</b>  | Live life mindfully      | <b>ACCEPTANCE</b> | Be comfortable with who you are |
| <b>TRYING OUT</b> | Keep learning new things | <b>MEANING</b>    | Be part of something bigger     |



### Key 1 – GIVING

#### Do kind things for others

If you want to feel good, doing good is a great place to start!

Helping others and being kind not only contributes to the happiness of others, it can also help us to feel happier ourselves! Studies have shown that when we do kind things it literally gives our brain a boost, activating its 'reward centre' and that feels good. It can take our minds off our own worries too.



#### Every act of kindness counts

From small acts like a friendly smile, a few kind words, helping with bags, offering up our seat, to regular volunteering - there are lots of different ways we can be kind.

**Reflection:** What's an act of kindness you could do today?

#### Create Kindness Ripples

Studies have shown that when we do something kind both the recipient and other people who witness that kind act are more likely to be kind themselves. So, our kindnesses are amplified, contributing to a happier world.

**Reflection:** Who can you thank for what they give to you?

#### Everyone needs kindness

Our acts of kindness might be for strangers, family, friends, colleagues or neighbours. There are always ways to be kind.

**Reflection:** Who do you help and who helps you?



#### Ask for help when you need it

**Reflection:** What is something you'd like help with? Who can you ask?

### Useful helpline details

Childline 0800111

<https://www.childline.org.uk/get-support/>

Samaritans 116 123

<https://www.samaritans.org/>

Young Minds

<https://www.youngminds.org.uk/young-person/find-help/i-need-urgent-help/>

Shout Text YM to 85258



The more you read the more things you know. The more that you learn the more places you'll go.

## Beyond the Baseline Project

Year 9 students have been working hard on the Beyond the Baseline project, funded by the Youth Sports Trust.

Yesterday, they had the opportunity to deliver a tennis taster session to students at Hinguar and Sacred Heart School. Everyone thoroughly enjoyed themselves and learnt lots of new skills.

We would like to say a huge thank you to the students from these primary schools who took part today as well!



## Tempest - free outdoor performance summer school

Embark on a thrilling 6-day journey into outdoor performance with Tempest, set amidst the picturesque backdrop of The Hive at Garon Park, Southend-on-Sea.

This innovative project invites young people to immerse themselves in the magic of Shakespeare's timeless masterpiece, The Tempest.

Join forces with fellow participants & theatre professionals to craft an unforgettable, site-specific performance through collaborative exploration and creative expression, you'll unlock new dimensions of your creative potential in the beautiful natural surroundings of The Hive.

Participants will create an immersive, devised performance based on Shakespeare's The Tempest to perform to family, friends & wider community at the end of the week.

Tempest is free to take part and for all young people aged 11-19 (& up to 25 years for those with learning disabilities). No previous drama experience necessary!

Through the week you'll build confidence, forge lasting connections, and hone essential life skills cultivating a supportive community where everyone has a voice and everyone belongs.

Don't miss your chance to be part of something extraordinary. Join us at Tempest and let your creativity take flight!

**Free for children and young people ages 11 to 19 years (up to 25 years for those with learning disabilities)**

**[Click here to sign up now to secure your spot in this unforgettable adventure.](#)**

### **When:**

The project will take place over six days:

Fri 2 Aug 10am - 3pm

(Break over the weekend)

Mon 5 Aug 10am – 3pm

Tue 6 Aug 10am – 3pm

Wed 7 Aug 10am – 3pm

Thu 8 Aug 10am – 3pm

Fri 9 Aug 10am – 6pm (performance time tbc)

### **Where:**

**[Steps Ahead @ The Hive Nature School, Garon Pk, Eastern Ave, Southend-on-Sea SS2 4FA](#)**

**Tempest** is co-produced by [Elevator Arts](#) & [Platform Theatre Arts](#) supported using public funding by the National Lottery through [Arts Council England](#)

## RELAXED COFFEE MORNING

19TH JUNE

Come along to our drop in session 10am - 12noon at TheHub at the MegaCentre Rayleigh to have a hot drink and a chat with our family support team as well as an informal chat with our guest Richard



### **i Richard Dellow**

Richard Dellow is an Essex based ADHD and Mindset coach who specialises in empowering individuals to unleash their full potential and accomplish their objectives and goals. He is ICF trained and D.I.S.C certified and prides himself on helping individuals conquer their hurdles to prosper, grow, and embark on a transformative journey towards uncovering and embracing their full potential.



For more information email [info@strmsupport.co.uk](mailto:info@strmsupport.co.uk)





# CAREERS

NEWS & UPDATES

July 2024

**INFORMATION EVENING**

**Seevic Campus**  
Runnymede Chase, Benfleet, Essex SS7 1TW  
Wednesday 3 July | 5:00-6:30pm

You are invited to join us for our annual Information Evening on July 3 at our Seevic Campus.

Meet our knowledgeable curriculum staff to learn about our extensive range of A-Level, T-Level, Vocational and HE course offerings.

Our Support Teams will be available to discuss study support, extracurricular activities, and the university application process.

This relaxed information evening allows you to:

- ✔ Tour our modern facilities
- ✔ Speak to teaching staff
- ✔ Learn about enrichment opportunities

Don't leave your future to chance.  
Make an informed decision by taking this first step!

[uspcollege.ac.uk](https://uspcollege.ac.uk)  
[info@uspcollege.ac.uk](mailto:info@uspcollege.ac.uk)

Register for the Info Evening here!

Ofsted Good Provider

USP College

## Calling all Year 10 students:

USP: Seevic Campus Information Evening

This is a fantastic opportunity for students to start exploring their options after completing their studies in Year 11. At the Information Evening, students have the chance to learn about the wide range of courses USP offer, including:

- A-Level Programmes across more than 40 subjects
- Brand new T-Level qualifications in subjects including Engineering, Digital Production, Education, and Health
- Vocational courses such as Business, IT, Public Services, and more!
- Register using the QR code on the flyer

If you have any careers-related queries please email:  
[asmith@southchurchschool.com](mailto:asmith@southchurchschool.com)

# Library Corner



Word of the week:

**PHENOMENA**

Noun

Meaning: Plural of the word phenomenon meaning a rare event or a remarkable person or thing.



This week's theme is: Euros 2024

Key date: 14 June to 14 July



Did you know?

- Germany will host the Euro 2024 having been chosen to stage the 17th edition.
- The group stage runs until 26 June, with the knockout stage beginning on 29 June.
- West Germany won the 1972 and 1980 editions, while the reunited Germany triumphed at EURO 96.

5		6				7	8
4		9	2				3
	2	7	5	1			9
		1	8	4	5		6
8		2	6	3		1	5
6		4		2			3
1						2	9
				5	2		
					1		4

Fill the puzzle so that every row across, every column down and every 9 by 9 box contains the numbers 1-9

Find the word in the puzzle. Words can go in any direction. Words can share letters as they cross over each other

England	O	J	R	L	L	P	S	U	Z	K	E	J	O
Euros	D	V	P	L	L	Y	K	B	O	J	X	Z	
Football	I	D	D	L	T	A	A	W	H	A	W	U	R
Goal	X	M	G	F	S	E	B	O	D	V	L	U	M
Pitch	Q	H	I	O	M	P	A	T	G	K	U	R	H
Players	L	Z	R	R	O	T	Q	M	O	V	O	E	K
Referee	X	U	P	L	A	Y	E	R	S	O	F	F	E
Substitute	E	W	W	C	B	B	M	H	H	I	F	E	E
Tackle	Q	I	K	Z	Z	Y	I	C	F	V	S	R	O
Team	Q	L	I	L	P	Z	B	T	K	B	O	E	P
	E	N	G	L	A	N	D	I	X	F	R	E	B
	O	L	H	P	P	Q	Q	P	K	O	U	B	S
	E	T	U	T	I	T	S	B	U	S	T	P	D

## LIBRARY INITIATIVES

### Welcome to the Library

Miss Watson and Ms Strover would like to remind you that the library is open during break/lunch and after school on Monday-Thursday until 4pm!

Library Club: Open Until 4pm

A calm, quiet place to come and sit and read on our comfy beanbags or to enjoy a game of chess, othello or scrabble.



### Chess Champions



Do you want to learn a new skill? Improve your logic, concentration and problem solving? Then learn how to play chess! Chess runs everyday during all of our opening hours! If you decide to play a competitive game, the winners are added onto our Chess Champions leader board!

Homework Club: Open Until 5pm

Homework Club is open Monday-Thursday and there are members of staff on hand to help if needed. Students can access the computers for study and coursework and are welcome to stay until 5pm for homework only.

### Important Library News

- Please remember to bring your overdue books back to the library. Student librarians come to form rooms once a week to give you an opportunity to renew or hand books in.
- Remember to quiz each book you finish on Accelerated Reader to add to your word count. There are prizes for all students who climb our ladder and reach the word count goals. See the librarians for your log-in details.



HELP US WIN  
£1,000 FOR OUR  
SCHOOL'S  
LIBRARY!

[nationalbooktokens.com/schools-prize](http://nationalbooktokens.com/schools-prize)



#rebuildthelibrary

Please help us with a chance to win some new books for our library! All you have to do is follow the link and nominate **Southchurch High School**. Entries need to be in before 31.7.24. If we win you will also win £100 book token too.

<https://www.nationalbooktokens.com/schools-prize>

# ▶ THE FUTURE OF SPORT ◀

S U M M E R

# SPORTS CAMP

S O U T H C H U R C H H I G H



**SOUTHCHURCH**

**SHOEBURY**

**FOOTBALL/VR SPORT/CRICKET/BASKETBALL**

**JUL 29 - AUG 22**

**10AM-3PM**

**CLICK HERE  
TO SECURE A SPACE!**

**FREE FOR FSM CHILDREN**

**USE YOUR HAF CODE**



**THEFUTUREOFSPORT@ICLOUD.COM**

**07359612611**

**WWW.THEFUTUREOFSPORT.CO.UK**

