



## Message from the Headteacher

Another busy week of GCSEs for our Year 11 students this week as they sat their English Literature Paper 2 in the morning followed by Sports Science and Media Studies students sitting their respective exams in the afternoon on Monday; Tuesday, Enterprise & Marketing students sat their exam in the morning with students taking Child Development and Computer Science Paper 2 in the afternoon; Wednesday they all sat their Physics Paper 1 in the morning; Thursday, their English Language Paper 1 in the morning followed by Film Studies students sitting their Paper 2 in the afternoon and then this morning, Friday, students have sat their French Writing examination. Upon our return from the half term break they shall be sitting their Maths Calculator exam on Monday morning with History students sitting their exam in the afternoon; Wednesday Geography and Business Studies students will be sitting their exam in the morning and afternoon respectively; English Language takes place for all Year 11s on Thursday and they will also all sit their Biology Paper 2 exam in the afternoon on Friday.

You will be aware from my message in last week's Parent Newsletter that Miss Waite kindly accompanied our Sports Leaders students on Friday to a second day of kindly assisting at a Quads Kids primary school sporting event at Garons. Our Sports Leaders are 15 Year 9 students who are taking part in the programme with Miss Waite. These students represented the school incredibly well, so much so that these Sports Leaders have been asked if they would, once again, kindly assist at another primary school event on 11 June. We are extremely proud of all of them as they should be of themselves!

Southchurch High was fortunate to be selected to participate in the Youth Sports Trust's programme called 'Beyond the Baseline'. Students participating in the project have had the opportunity to work on a tennis-based project developing their tennis skills but also gaining valuable skills such as teamwork, communication and leadership. Students took part in their final session on Tuesday and I would like to extend our enormous thanks to Miss Waite for organising and supporting this programme for those students who took part.

On Wednesday, our Year 9 and 10 SEND students attended their final session of the Mentoring Progressive project when they were presented with their certificates for having completed the project. A huge thank you to Mrs Friday for the support of this project and also our students, who all benefitted enormously.

On Thursday a group of U13 girls took part in the 'Chance to Compete' competition at Orsett & Thurrock Cricket Club.

For many this was their first time of taking part in such a competition and they should all be incredibly proud of themselves. The girls play improved enormously in each match culminating in a win in their final match of the day. Congratulations to them all. Thank you to Mr Webster and Miss Taylor for kindly accompanying the students.

Myself and my Senior Leadership Team welcomed Year 8 students and their parents/carers to a Year 8 Curriculum Evening on Thursday. Thank you to all those who kindly attended; we hope those who attended found it informative.

Many of you may recall that earlier in the year, Sydney won the regional final of the Jack Petchey 'Speak Out' Challenge. We were delighted on Wednesday to receive the news that Sydney has made the final, having competed online in the recent semi-final. We are all so incredibly proud of her and cannot believe that a Southchurch student, for the second year in a row, has made it through from 30,000 young people across London and Essex to be one of only 15 speakers to reach the final. It is an incredible achievement. I know, I for one, am already looking forward to attending the final on 8 July. A huge thank you to Miss Neil for her fantastic support and organisation of the 'Speak Out' Challenge this academic year.

A group of students recently took part in The Southend Respect Project which is run in conjunction with Essex Boys & Girls Club. They began by taking part in a day of outdoor activities at Layer Marney Outdoor Centre, Colchester, and then attended an 8-week course. The culmination of the project for some would be the opportunity to attend a week long residential in Wales. Well, I am delighted, that two of those taking part from Southchurch High were afforded the opportunity of attending the residential in Wales recently namely Sienna and Charlie. The reports that we received on these two students were amazing and we are all so incredibly proud of them both. I would like to formally acknowledge the school's thanks to the Essex Boys & Girls Club for providing this incredible opportunity for our students.

You will have been sent a letter today by email setting out our expectations of all our students and your support with these expectations as parents/carers is paramount.

Two of our staff team have started their maternity leave and we wish both Miss Neil and Mrs Friday all the very best in the coming weeks.

Finally, I would like to take this opportunity to wish you and your families a good half term break and we look forward to welcoming the students back to school on Monday, 3 June for what promises to be a very busy few weeks leading up to the end of the academic year!

Mrs Airoll  
**Headteacher**

## Menu

### **SWAN'S RESTAURANT      WEEK 1**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b>	Pork Sausages Served with, Yorkshire Pudding Mashed Potato Peas & Gravy	Meatballs Served with Pasta & Garlic Ciabatta	BBQ Pulled Pork Served with Pommies Noisette Potatoes & Coleslaw	Roast Chicken Served with Roast Potatoes Mixed Vegetables & Gravy	Beef Burger Or Battered Fish Served with Chips
<b>Vegetarian Meal</b>	Vegetable Stew & Dumplings (Vegan)	Sweet & Sour Vegetables Served with Boiled Rice (Vegan)	Vegetable & Cheese Potato Skins Served with Coleslaw	Vegetable Lasagne Served with Garlic Ciabatta	Cheese & Onion Slice Served with Chips
<b>Extra's</b>	<b>Jacket Potato with Cheese ,Baked Beans or Tuna Mayonnaise Available Monday – Thursday</b> <b>Small Pasta &amp; Sauce Available Monday - Thursday</b>				

## Science

Our Year 8 students have been continuing their photosynthesis topic and this week they were looking at a limiting factor and light intensity.



## **Jack Petchey's "SPEAK OUT" Challenge!**

We are thrilled to announce that, for the second year in a row, a Southchurch student has made it through to the Grand Final of the Jack Petchey Speak Out Challenge!

After placing 1<sup>st</sup> at the Southend and Rochford regional final in April, Sydney has now made it through the semi-finals and has been selected as one of the Grand Finalists. This means she is considered to be in the top 15 speakers out of 30,000 young people across London and Essex who took part in the challenge.

We are looking forward to cheering her on at the Grand Final in July, which will be held in one of London's West End theatres. Well done Sydney – we are all so proud!



## Key Dates

27 - 31 May	<b>Half Term Holiday</b>
3 June	Students return to school
7 June	Southchurch Pride Event
13 - 14 June	Year 10 Classic trip to Oxford
21 June	Year 9 Outdoor Activity Centre trip to Mersea
27 June	Termly Parent Forum <b>6.00pm</b>
28 June	Year 7 Tower of London trip
2 July	Southchurch Culture Event
12 July	Sports Day
19 July	Last day of term <b>Students finish at 1.00pm</b>

## Tate Modern Trip

Some of our Year 8 students had the opportunity to visit the Tate Modern last week and view a collection of art works by "The Expressionists" such as Wassily Kandinsky, Robert Delaunay, Gabrielle Munter, August Macke and Maria Frank-Marc.

The weather was glorious, so we couldn't miss out on a small London Southbank walk from St Paul's Cathedral, to the famous Millennium Bridge in Harry Potter films.



Joyful June 2024

MONDAY



3 Re-frame a worry and try to find a helpful way to think about it

10 Bring joy to others by doing something kind for them

17 Take time to notice things that you find beautiful

24 Bring to mind a favourite memory you feel grateful for

TUESDAY



4 Take a photo of something that brings you joy and share it

11 Eat good food that makes you happy and really savour it

18 Look for something good in a difficult situation

25 Show your appreciation to people who are helping others

WEDNESDAY



5 Think of 3 things you're grateful for and write them down

12 Write a gratitude letter to thank someone

19 Get outside and find the joy in being active

26 Make time to do something playful, just for the fun of it

THURSDAY



6 Get out into green space and feel the joy that nature brings

13 Take a light-hearted approach. Choose to see the funny side

20 Rediscover and enjoy a fun childhood activity

27 Be kind to you. Do something that brings you joy

FRIDAY



7 Do something healthy which makes you feel good

14 Share a happy memory with someone who means a lot to you

21 Send a positive note to a friend who needs encouragement

28 Notice how positive emotions are contagious between people

SATURDAY

1 Decide to look for what's good every day this month

8 Find joy in music: sing, play, dance, listen or share

15 Look for something to be thankful for where you least expect it

22 Watch something funny and enjoy how it feels to laugh

29 Share a friendly smile with people you see today

SUNDAY

2 Say positive things in your conversations with others

9 Ask a friend what made them happy recently

16 Speak to others in a warm and friendly way

23 Create a playlist of uplifting songs to listen to

30 Make a list of the joys in your life (and keep adding to it)



ACTION FOR HAPPINESS

Happier · Kinder · Together



# Library Corner



Word of the week:

**MANTRA**

**Noun**

Meaning: A sacred word, sound or phrase recited within a wide variety of religious and spiritual traditions such as Hinduism, Buddhism and Yoga.

This week's theme is: **Meditation: Vesak : Buddhist Festival**

**Key date: 23 May**

**Did you know?**

- The oldest evidence of meditation has been found in rock paintings dating from at least 3,500 BC.
- The Beatles' song *Dear Prudence* was inspired by their stay at a meditation centre in India .
- According to tradition, the word "om" - often used as a mantra in meditation - was the first sound that originated on Earth.

		7	5			6	3	8
					8	7	9	
		9					2	5
8		1	4	5		2		
						9		
5		6	3			8	4	
9		4				5	1	
3	5		2			4	6	9
			9	4				

Fill the puzzle so that every row across, every column down and every 9 by 9 box contains the numbers 1-9

**Find the word in the puzzle.**  
Words can go in any direction.  
Words can share letters as they cross over each other

- Benefits
- Breath
- Emotions
- Mantra
- Meditation
- Relief
- Yoga

R G Z W W D Z D Q M T V P  
A K N M V W G J O G H B J  
R G S N O I T A T I D E M  
Q E O E J A I K D X G N O  
W Q L Y N D H Q L O E S  
S K C I O L T K B H D F H  
I N Q Y E A O X Z M W I L  
Y T A K E F A L L H R T Y  
D P U R G F R L N B D S R  
I R B E M O T I O N S W D  
M K J U O R N D A U W W N  
Q Y G K P Q A Z R E A B Z  
V Z L A I I M F Q S X B Q

## LIBRARY INITIATIVES

Welcome to the Library

Miss Watson and Ms Strover would like to wish you a safe half term , remember to keep reading so you can quiz on AR to move up the ladder and gain house points and prizes.

Library Club: Open Until 4pm Mon-Thurs

A calm, quiet place to come and sit and read on our comfy beanbags or to enjoy a game of Chess, Othello or Scrabble.

### Summer Reading Challenge Volunteers

Would you like to volunteer at your local library during the summer holidays? If you are 14 and over you can volunteer to help at the Summer Reading Challenge. Please collect a form from the Main/KS4 Library. All applications need to be in by **Friday 14 June.**



SOUTHEND LIBRARIES

### VOLUNTEERS NEEDED



We are looking for volunteers to help children take part in the SUMMER READING CHALLENGE 2024 in libraries in Southend during the summer holidays.  
INTERESTED? Aged 14 or over?  
Ask for an application form at your local library or request from:  
librarydevelopment@southend.gov.uk  
Closing date: Saturday 13th June.  
Please apply early to secure your first library choice.

### Important Library News

- Please remember to bring your overdue books back to the library. Student librarians come to form rooms once a week to give you an opportunity to renew or hand books in.
- Remember to quiz each book you finish on Accelerated Reader to add to your word count. There are prizes for all students who climb our ladder and reach the word count goals . See the librarians for your log-in details.



## iPayimpact Account

We're happy to announce that parents and guardians can now access their online payments account with iPayimpact school payment app!

Lightning-fast, hassle-free school payments right from the palm of your hand! With the new iPayimpact app, managing your child's school purchases has never been easier. Here's why we're loving the new iPayimpact app:

- ✓ Hassle-free transactions
- ✓ Lightning-fast payments
  
- ✓ Convenient payment options such as Apple and Google Pay
- ✓ Manage all school purchases in one place
- ✓ Check your live cashless balance anytime, anywhere
- ✓ Easy management from desktop, tablet, or mobile app

Whether it's topping up lunch accounts or paying for trips, events, or clubs, iPayimpact has you covered!

Download the iPayimpact app today and simplify your school-related purchases!

With iPayimpact, you can easily manage school purchases from your desktop, tablet, or mobile app. For registered parents, you can access iPayimpact via:

- Download app from Apple Store:  
**[iPayimpact – Apps on Apple Store](#)**
- Download app from Google Store:  
**[iPayimpact - Apps on Google Play](#)**
- Website: **[www.ipayimpact.co.uk](http://www.ipayimpact.co.uk)**

To register for iPayimpact, please get in touch with the school directly.



# PROM

This year we are fortunate enough to have prom dresses and a few suits donated to us for anyone that is struggling financially.

We also have an offer of hair styling on the day for 6 - 10 students who might need assistance.

Please, if you would like help with any aspect of the prom, just let us know by contacting Ms Tower via email: **[ltower@southchurchschool.com](mailto:ltower@southchurchschool.com)** or by telephone: **01702 900754**.

**Amazing Catapults!**

Next club is on **06.06.24** this combines science and STEM. **Designing and making a catapult!**

**Who can make their ping pong ball go the furthest?**

**EVERY WEEK B**  
THURSDAY  
ROOM A119  
3.15-3.50pm  
**Prizes to be won!**

**STEM Catapult Challenge**  
Simplify

**Craft Stick CATAPULT STEM CHALLENGE**  
Science, Engineering, Design

## Car Boot Sale

# Car Boot SALE

**AT SOUTHCHURCH HIGH SCHOOL**

**Saturday 8th June, 2024**

In aid of fundraising for Prom 2024  
At Southchurch Boulevard, SS2 4XA

**8:30am for sellers – 9am for buyers**  
**Refreshments available to buy**  
**Advanced bookings:** £5 for cars and £7 for vans (no bigger than transit size)  
**On the day:** £3 extra

To book a pitch please contact: Ms Tower on 01702 900754 or by email [ltower@southchurchschool.com](mailto:ltower@southchurchschool.com) Will be first come, first served. Limited pitches.



## Did you miss the live Tesco webinar? You can catch up by watching the recording now!

The webinar gives an overview of the retail apprenticeship programme, and explores why Tesco are committed to helping young people to get a strong start in life.

Discover practical examples and first-hand advice on the application process, how to prepare and what support is provided.

[Click here](#) to watch

## Year 11 Apprenticeship Vacancies

[Hairdressing](#)

[Light Vehicle](#)

[Beauty](#)

[Mechanical, Electrical and Trim \(MET\) – Tesla](#)

[Business Administration](#)

[Dental Nurse](#)

[ASK Italian – Hospitality Supervisor](#)

[Carpentry and General Building](#)

[Customer Service/Administration](#)

[Web Developer](#)

[Engineering](#)

[Learning Support Assistant](#)

[Customer Service – Estate Agent](#)

[Business Administration](#)

[Commissioning Apprentice – Southend City Council](#)

[Chef](#)

[Customer Service](#)

[Marketing](#)

[IT Support – School](#)

[Sales Executive](#)

# Story telling competition



FINAL SUBMISSION  
DATE  
12 JULY



We are inviting students to write a wildlife story.

The stories will be judged by our community. The winners will have the chance to read their story, or have it read from our story telling chair, at our summer event.

Send submissions to [liam.king@garonparkcic.com](mailto:liam.king@garonparkcic.com) along with name and contact by 12th July.